



Memorandum of Understanding (MoU)

Thammasat University Faculty of Nursing, Princess Mother National Institute on Drug Abuse Treatment, and the Colombo Plan Secretariat

This Memorandum of Understanding is made and entered into by and between Thammasat University Faculty of Nursing (hereafter referred to as TUFON), Princess Mother National Institute on Drug Abuse Treatment (hereafter referred to as PMNIDAT), and the Colombo Plan for Co-operative Economic and Social Development in Asia and the Pacific (hereafter referred to as CPS) in the spirit of mutual co-operation to recognise Thammasat University Faculty of Nursing and Princess Mother National Institute on Drug Abuse Treatment as an **"Approved Education Provider of Continuing Education for Substance Use Disorder Treatment Professionals"** of the **Colombo Plan International Centre for Certification and Education of Addiction Professionals** (hereafter referred to as **ICCE**).

The ICCE was established on 16 February 2009 as the specialised Training and Credentialing Unit of the Colombo Plan. It conducts training in evidence-based approaches and credentialing programmes to enhance the technical capacity of Drug Demand Reduction Practitioners globally (both in the area of Prevention and Treatment) and thereby raises the proficiency of the prevention and treatment services. It is a part of the global initiative funded by the Bureau for International Narcotics and Law Enforcement Affairs (INL) of the US Department of State to professionalise addiction treatment practitioners. The overall goal of the training series is to reduce the significant health, social, and economic problems associated with substance use by building international treatment and prevention capacity through training, professionalizing, and expanding the global Drug Demand Reduction workforce.

In order to raise the proficiency of Substance Use Disorder Treatment, the ICCE conducts 3 levels of training; namely, the Basic Level, the Clinical Level, and the Advanced Level for addiction treatment practitioners based on the Universal Treatment Curriculum for Substance Use Disorders (UTC). The UTC series has three levels: Basic, Intermediate, and Advanced. The UTC Basic Level Curriculum is a set of eight training curricula that covers a broad spectrum of Substance Use Disorder (SUD) treatment. It aims to enhance the knowledge, skills, and competency level of addiction professionals by providing them with a foundational understanding of the science of addiction and the latest information on evidence-based practices in treatment and interventions for clients and families. The curriculum also provides hands-on activities to assist the participants in the development of skills and confidence in the delivery of quality care and services to the clientele that could help improve treatment outcomes. (The details of the eight curricula are given under Annexure A). The ICCE also conducts 3 levels of examinations; namely, ICCE level I, II, and III for the SUD treatment and

provides 3 levels of credentials to the candidates that pass the respective examinations and meet the credentialing criteria. (The eligibility criteria for ICCE credentialing are stated in Annexure B).

Background of Thammasat University Faculty of Nursing (TUFON)

The Faculty of Nursing was established on June 28, 1996. It is the fourteenth faculty of Thammasat University. The faculty of Nursing, Thammasat University aims to be one of Thailand's foremost leaders in nursing education, technology, research, ethics, and to be a model of health promotion. Our motto is "Bringing researches for the development of organization and bringing democracy for the unit7y". The faculty offers bachelor degree; master degree; training programs for continuing education. Approximately 80-120 undergrads who are selected by means of quota and admission process and over 40 master students have enrolled in each year.

The Doctor of Philosophy Program in Nursing Science (International Program) engages the Faculty of Nursing at Thammasat University in an interactive relationship with the School of Nursing at The George Washington University and the Frances Payne Bolton School of Nursing at Case Western Reserve University in the U.S. These institutions confer and participate with one another in formulating a framework within which to execute the program of study and to arrange for the exchange of instructors and students by specifying the various conditions for the initial phase of the program. This new program will be launched in 2015.

Background of Princess Mother National Institute on Drug Abuse Treatment (PMNIDAT), Ministry of Public Health

Its operation began in January 1st, 1959 with two sections. First section was withdrawal treatment facility that could accommodate 1,000 patients and was under the responsibility of Department of Medical science, Ministry of public health. Second section was rehabilitation facility that could accommodate 3,000 patients and was under the responsibility Department of Skill Development, Ministry of Interior. Other than providing treatment service for addict, Thanyarak institute also focused on developing the academic work such as doing research and developing knowledge and technology in medical science about addiction. Standard criteria to determine the treatment system had also been developed. Furthermore passing on the knowledge to addiction clinics and centers all over the country was also Thanyarak priority.

During this decade Thanyarak institute has worked hard to keep up with addiction situation. It has developed efficient treatment protocol, passed on knowledge and gotten cooperation from different organization. These are all for one objective which is to return good people back to society. At present Thanyarak institute is located in the area of 210 rais at 60 Pahonyothin Road, Tumbol Prachatipat, Amphur Thanyaburi, Pratumtani province. It provides both academic and treatment services for both outpatient and inpatient with facility of 200 beds for treatment and 600 beds for rehabilitation.

The Terms of Reference for both parties are as follows:

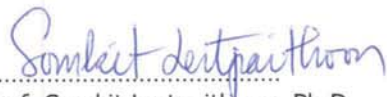
1. The initiative will be implemented by TUFON and PMNIDAT under the aegis of the ICCE.
2. The overall goal of this joint initiative is to address and reduce the health, social, and economic problems associated with SUDs by improving the quality of treatment and care. The goal will be achieved by training, expanding, and professionalising addiction practitioners in Thailand through the ICCE certification and training programme.
3. The Colombo Plan through the ICCE will be responsible for the following:
 - i. Provide ICCE Approved Education Provider status to TUFON and PMNIDAT for a period of three years. The status may be renewed further (each time for a period of three years) if both parties agree and if the ICCE is satisfied with TUFON and PMNIDAT in the implementation of the ICCE credentialing programme in Thailand.
 - ii. The approval of education provider status to TUFON and PMNIDAT may be withdrawn by the ICCE under the following circumstances:
 - If the TUFON and PMNIDAT fail to deliver its services as mutually agreed upon by both the parties.
 - If the TUFON and PMNIDAT fail to deliver services as advertised by the organization.
 - iii. Provide training for the Senior Trainers of TUFON and PMNIDAT regarding the UTC.
 - iv. Provide TUFON and PMNIDAT with an electronic version of the ICCE UTC Trainers Manual and the Participants Manuals.
 - v. Provide technical support and advice to TUFON and PMNIDAT in conducting the ICCE training for addiction treatment practitioners in Thailand.
 - vi. Conduct ICCE examinations for the purpose of credentialing the Thai SUD treatment practitioners. The examinations will be conducted through an ICCE approved testing centre and the candidates will be required to pay examination and certification fees.
 - vii. Provide ICCE credentials to the Thai SUD treatment practitioners that are successful in the examinations and that meet the ICCE credentialing criteria.
 - viii. Mentor, supervise, and monitor TUFON and PMNIDAT ICCE training initiative to ensure the overall quality assurance of the ICCE credentialing programme in Thailand. The aims of the supervision would include promoting professional growth and development of TUFON and PMNIDAT training programmes, protecting the rights of trainees and participants, monitoring TUFON and PMNIDAT trainers' performance and empowering the TUFON and PMNIDAT to self-supervise the activities implemented.
4. Thammasat University Faculty of Nursing (TUFON)) and Princess Mother National Institute on Drug Abuse Treatment (PMNIDAT) will be responsible for the following:
 - i. Submit an application to the ICCE using the ICCE application format for the status of the ICCE Education Provider. Make a payment of USD500 to the ICCE as an application fee for this status which will all TUFON, and PMNIDAT to provide unlimited training for a period of three (3) years in Thailand. Of the application fees, USD200 is a non-refundable processing fee.

- ii. If both parties agree to extend their Educational Provider status for three (3) more years, a payment of USD400 must be made to the ICCE as a renewal fee.
- iii. Print the ICCE Participant Manual with the TUFON and PMNIDAT's own financial resources and disseminate only printed versions of the manuals during training programmes.
- iv. Conduct at least one training for the SUD practitioners in Thailand each year when ready with its own financial resources and credentialed by ICCE.
- v. Prepare the Thai treatment practitioners for the ICCE examinations and credentialing.
- vi. Coordinate with the ICCE to conduct examinations for the credentialing of Thai addiction practitioners and provide such credentials only through ICCE.
- vii. Assist the ICCE in maintaining a database of all the candidates as follows:
 - The Thai SUD treatment practitioners trained within the ICCE curricula.
 - Applicants for the ICCE examinations and credentialing.
 - Treatment practitioners certified through the ICCE.
 - The database would consist of the participants' profiles, including date of birth, contact information, education hours, qualifications, pre/post test scores, etc.
- viii. Provide reports to the ICCE of the activities conducted by TUFON and PMNIDAT Encourage the addiction practitioners to continue learning and thereby ensure quality services for the substance-using clients and their family.
- ix. Expand the ICCE training and certification programme in Thailand, which in the long term will help professionalise the SUD treatment services.
- x. IN WITNESS WHEREOF, the undersigned, duly authorized thereto by their respective authorities, have signed this MOU.

Done in _____ on this _____ day of _____ 2015.

Thammasat University

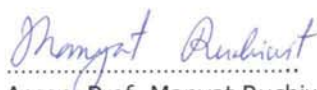
Signed By:



Prof. Somkit Lertpaithoon, Ph.D.
Rector, Thammasat University

Date 10/7/2015

Witnessed By:



Assoc. Prof. Manyat Ruchiwit, Ph.D.
Dean, Faculty of Nursing,
Thammasat University

Date 10/7/2015



**Princess Mother National Institute
on Drug Abuse Treatment**

Signed By:



Dr. Suphan Srithamma
Director General Department of
Medical Services, Ministry of
Public Health

Date _____

Witnessed By:



Dr. Viroj Verachai
Director,
Princess Mother National Institute
on Drug Abuse Treatment

Date _____



Colombo Plan

Signed By:



Mr. Kinley Dorji
Secretary-General, The Colombo Plan
Secretariat

Date _____

Witnessed By:



Tay Bian How
Director, International Centre for
Certification and Education of
Addiction Professionals, The
Colombo Plan Secretariat

Date 10/7/2015



UNIVERSAL TREATMENT CURRICULUM FOR SUBSTANCE USE DISORDERS (UTC)

UTC BASIC LEVEL CURRICULA

The Colombo Plan International Centre for Certification and Education of Addiction Professionals series of training curricula is developed for the training and credentialing of addiction professionals. The overall goal of training series is to reduce the significant health, social and economic problems associated with SUDs by building international treatment capacity through training, professionalising, and expanding the global treatment workforce.

The UTC basic level curricula is a set of eight training curriculum that covers the broad spectrum of substance use disorder treatment. It aims to enhance the knowledge, skills and competency level of addiction and professionals by providing them with a solid foundational understanding of the science of addiction and latest information on evidence-based practices in treatment and interventions for clients and families. The experiential activities aim to enhance the skills and build up the confidence of treatment practitioners in the delivery of quality care and services that could help improve treatment outcomes.

Curriculum 1: Physiology and Pharmacology for Addiction Professionals (24 hours)

The curriculum presents a comprehensive overview of addiction; provides an understanding of the physiology of addiction as a brain disease; and describes the pharmacology of psychoactive substances.

Curriculum 2: Treatment for Substance Use Disorders–The Continuum of Care for Addiction Professionals (40 hours)

The curriculum provides the foundation for learning about SUD treatment. It gives an overview of recovery and recovery management, stages of change, principles of effective treatment, components of treatment and evidence-based practices.

Curriculum 3: Common Co-Occurring Mental and Medical Disorders- An Overview for Addiction Professionals (24 hours)

This foundational course provides an overview of the relationship of co-occurring mental and medical disorders and SUD related treatment issues.

Curriculum 4: Basic Counselling Skills for Addiction Professionals (40 hours)

The curriculum provides an overview of the helping relationship and the opportunity to practice core counselling including basic skills in motivational interviewing, group counselling and implementation of psychoeducation sessions.

Curriculum 5: Intake, Screening, Assessment, Treatment Planning and Documentation for Addiction Professionals (40 hours)

This curriculum is a skills-based course that teaches effective and integrated Intake, Screening, Assessment, Treatment Planning and Documentation procedures to Addiction Professionals.

Curriculum 6: Case Management for Addiction Professionals (16 hours)

The curriculum is a foundational and skill-based course that provides an overview of case management in SUD treatment and provides skills practice in case management functions.

Curriculum 7: Crisis Intervention for Addiction Professionals (16 hours)

The curriculum addresses the concept of crisis as a part of life and provides guidelines for crisis intervention, including managing suicide risk. It also addresses ways counsellors can avoid personal crisis situations by providing information and exercises about counsellor self-care.

Curriculum 8: Ethics for Addiction Professionals (32 hours)

The curriculum addresses professional conduct and ethical behaviour in SUD treatment. Topics include confidentiality, ethical principles and professional codes of ethics. It also highlights the importance of supervision as part of ethical practice. In this curriculum, the participants are given the opportunity to learn and practice the use of an ethical decision-making model through case study analyses. As part of the integration, participants will develop their code of ethics.

Eligibility Criteria for the ICCE Credentials

i) International Certified Addiction Counsellor I (ICAC I):

- a. At least 1 year of full time or 1500 hours of supervised working experience in drug and alcohol related field. Passed the first public examination.
- b. Written verification of competency in required counselling skills and functions as certified by counsellors, supervisors or other health care professionals who have personally observed the candidate's alcohol and/or drug abuse related counselling work.
- c. Documentation of a total of 120 contact hours of education and training in alcoholism and drug abuse or related counselling subjects. Included in this total must be at least 6 contact hours of HIV/AIDS training and at least 6 contact hours of ethics training.
- d. Submission of a signed and dated statement that the candidate has read the ICCE Commission's Code of Ethics for counsellors and has agreed to adhere to it.
- e. Completion of an application for the appropriate level of credential and submission of the same to ICCE
- f. Payment of **non-refundable** application fee.

ii) International Certified Addiction Counsellor II (ICAC II):

- a. At least 2 years of full-time or 3,000 hours of supervised working experience as an alcoholism and / or drug abuse related counsellor. The 2 years need not be consecutive.
- b. Successful completion of ICAC I and practising as an addiction counsellor for at least 2 years following ICAC I certification or graduate / higher in relevant field.
- c. Written verification of required counselling skills and functions as certified by counsellors or supervisors or health care professionals who have personally observed the candidate's alcohol and/ or drug abuse counselling work.
- d. Documentation of a total of 240 contact hours of education and training in alcoholism and drug abuse or related counselling subjects. Included in this total must be at least 6 contact hours of HIV/AIDS training and at least 6 contact hours of ethics training.
- e. Submission of a signed and dated statement that the candidate has read the ICCE Commission's Code of Ethics for counsellors and has agreed to adhere to it.
- f. Completion of an application for the appropriate level of credential and submission of the same to the ICCE.
- g. Payment of **non-refundable** application fee.
- h. Passing of the ICCE I examination.

iii) International Certified Addiction Counsellor III (ICAC III)

- a. At Least 5 years of full-time or 7500 hours of supervised working experience as an alcoholism and/or drug abuse related counsellor.
- b. Successful completion of ICAC II and practicing as an addiction counsellor for at least 2 years following ICAC II or Masters / higher in relevant field.
- c. Written verification of competency in required counselling skills and functions as certified by counsellors or supervisors or other health care professionals who have personally observed the candidate's alcohol and/or drug abuse counselling work.
- d. Documentation total of 500 contact hours of education and training in alcoholism and drug abuse or related counselling subjects. Included in this total must be at least 6 contact hours of HIV/AIDS training and at least 6 contact hours of ethics training.
- e. Submission of a signed and dated statement that the candidate has read the ICCE Certification Code of Ethics and agreed to adhere to it.
- f. Completion of an application for the appropriate level of credential and submission of the same to ICCE.
- g. Payment of **non-refundable** application fee.
- h. Passing of the ICCE II examination.